



April 2017

Cold High School Lunch Menu w/8oz Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey & Cheese on Wheat Bread Mustard & Mayo Carrot Sticks w/Ranch Dip Fruit Raisins 3	Egg Salad Whole Wheat Hamburger Bun Potato Salad Fruit Juice 4	Ham & Cheese Sandwich on Wheat Bread Four Bean Salad Mustard & Mayo Fruit Applesauce 5	Roast Beef Sandwich on Bulkie Roll Black Bean Salad Fruit Raisins Mustard & Mayo 6	Tuna Salad Bulkie Roll Broccoli Florets Juice Fruit 7
Turkey & Cheese on Wheat Bread Potato Salad Applesauce Fresh Fruit Mustard & Mayo 10	Chicken Salad on Wheat Bread Black Bean Salad Fruit Raisins 11	Ham & Cheese Sandwich on Wheat Bread Carrot Sticks w/Ranch Dip Mustard & Mayo Juice Fruit 12	Roast Beef Sandwich on Bulkie Roll Cole Slaw Fruit Applesauce 13	Egg Salad Sandwich Bulkie Roll Broccoli Florets Fruit Raisins 14
Ham & Cheese Sandwich on Wheat Bread Potato Salad Mustard & Mayo Fruit Juice 17	Turkey & Cheese Whole Wheat Hamburger Bun Broccoli Florets Applesauce Fruit Mustard & Mayo 18	Chicken Salad Wheat Bread Raisins Fruit Four Bean Salad 19	Turkey & Cheese Bulkie Roll Carrot Sticks w/Ranch Dip Juice Fruit Mustard & Mayo 20	Egg Salad Sandwich Bulkie Roll Black Bean Salad Applesauce Fruit 21
Turkey & Cheese Sandwich Whole Wheat Hamburger Bun Potato Salad Fruit Mustard & Mayo Raisins 24	Ham & Cheese Sandwich Whole Wheat Bread Cole Slaw Juice Fruit Mustard & Mayo 25	Turkey & Cheese on Wheat Bread Mustard & Mayo Four Bean Salad Fresh Fruit Applesauce 26	Tuna Salad on Bulkie Roll Carrot Sticks w/Ranch Dip Fruit Raisins 27	Egg Salad Sandwich Bulkie Roll Broccoli Florets Fruit Juice 28